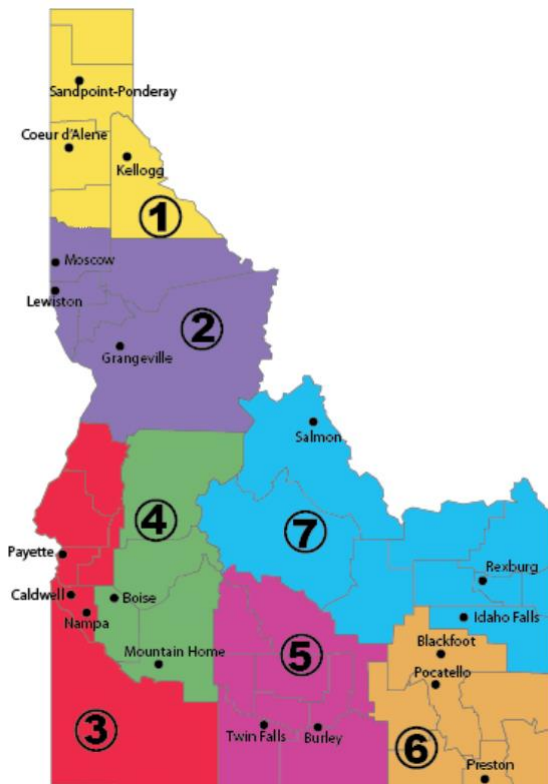


Covid-19 Resource Guide

Consumer Version

This resource guide was created by the Division of Behavioral Health at the Idaho Department of Health and Welfare. The mission of the Division of Behavioral Health is to provide services of the highest quality by working together to inspire hope, recovery, and resilience in the lives of Idahoans living with behavioral health disorders and their families. The division is the second largest healthcare payer in Idaho and provides healthcare and services to promote an outcome-based, efficient health and human services delivery system.



COVID-19 Resources

Click on the links below to find Idaho, national and region-specific resources.

[Idaho and National Resources](#)

[Region 1](#) — Benewah, Bonner, Boundary, Kootenai, Shoshone

[Region 2](#) — Clearwater, Idaho, Latah, Lew, Nez Perce

[Region 3](#) — Adams, Canyon, Gem, Owyhee, Payette, Washington

[Region 4](#) — Ada, Boise, Elmore, Valley

[Region 5](#) — Baine, Camas, Cassia, Gooding, Jerome, Lincoln, Minidoka, Twin Falls

[Region 6](#) — Bannock, Bear Lake, Bingham, Caribou, Franklin, Oneida, Power

[Region 7](#) — Bonneville, Butte, Clark, Custer, Fremont, Jefferson, Lemhi, Madison, Teton

Idaho and National Resources

Click a topic below to view resources.

[Banking](#)

[Business Guidance](#)

[Centers for Disease Control](#)

[Census](#)

[Child /Family Resources](#)

[Crisis Centers](#)

[Departments of Labor](#)

[Entertainment](#)

[Eviction Moratorium](#)

[Facebook Community Groups](#)

[First Responder and Healthcare Worker Childcare](#)

[First Responder and Healthcare Worker](#)

[Health and Human Services COVID 19 Behavioral Health \(federal\)](#)

[Housing](#)

[Idaho COVID-19](#)

[Recovery Centers](#)

[Refugee Needs](#)

[Telehealth Services](#)

[Therapy Toolkit](#)

[Unemployment \(see Department of Labor\)](#)

[Volunteer Opportunities](#)

[Voting](#)

Banking [Return to section menu](#)

Call your local bank to find out if there are option for services such as:

- Skip a payment
- Small or personal business loans
- Phone payment fee waivers
- Paycheck protection

Business Guidance (see also Banking) [Return to section menu](#)

Free webinars cover the Economic Injury Disaster Loans, Paycheck Protection Program Loans, Employee Leave Tax Credits, and Employee Retention Tax Credits. All these programs and capital options are currently available to Idaho Businesses.

[Trainings and Webinars](#)

[Idaho Small Business Development Center - COVID 19 Help](#)

[Information for Small Businesses Navigating the COVID-19 Outbreak](#)

[SBA Guidance to COVID-19](#)

[SBA Disaster Loan Assistance](#)

[SBA Export Working Capital Program](#)

[RestoreYourEconomy.org](#)

[Idaho Department of Labor – Coronavirus and Unemployment Insurance](#)

[COVID-19-Related Tax Credits for Required Paid Leave Provided by Small and Midsize Businesses – FAQs](#)

[Small Business Paycheck Protection Program](#)

[Idaho Department of Commerce](#)

Centers for Disease Control (CDC) [Return to section menu](#)

Find resources on the [CDC Website](#).

Central District Health (CDH) [Return to section menu](#)

Guidance for Behavioral health —

<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/Behavioral-Health-COVID.pdf>

Guidance for Domestic Violence Victims —

<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/Domestic-Violence-Victims-COVID.pdf>

Guidance for Law Enforcement —

<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/Law-Enforcement-COVID.pdf>

Food and Cash Assistance —

<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/Food-Cash-Assistance.pdf>

SNAP — <https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/Law-Enforcement-COVID.pdf>

WIC— <https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/WIC-Program.pdf>

Census [Return to section menu](#)

<https://2020census.gov/>

Child/Family Resources [Return to section menu](#)

Talking with Children About Pandemic

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/families-and-children#tools>

Family Preparedness

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/families-and-children#tools>

Tool and Ideas

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/families-and-children#tools>

<https://www.scholastic.com/parents/school-success/learn-at-home.html>

<https://funcheaporfree.com/resources-for-kids/>

<https://stories.audible.com/start-listen> (free stories for children)

<https://www.loc.gov/> (lots of activities including free art classes for children)

https://www.lakeshorelearning.com/?utm_source=google&utm_medium=ppc&utm_campaign=branded&gclid=EA1aIQobChMI86yI-Nre6AIVNRh9Ch1qtwopEAAYASAAEgIrk_D_BwE

<https://www.dancingwithoutlimits.com/> (free online dance classes for children with special needs)

<https://resources.stem.idaho.gov/> (STEM resources)

<https://www.kennedy-center.org/education/mo-willems/>

Crisis Centers [Return to section menu](#)

Live Better Idaho provides contact information and resources for crisis centers in Idaho. <https://www.livebetteridaho.org/behavioral-health/crisis-centers-substance-use-disorder-and-mental-health-services>

Department of Labor [Return to section menu](#)

Employer Resources (scroll to middle of page)
<https://labor.idaho.gov/dnn/COVID-19>

Employee Resources, file an unemployment claim
<https://www2.labor.idaho.gov/ClaimantPortal/Login>

Search for job openings
https://idahoworks.gov/ada/r/search/jobs?is_subsequent_search=true&tags=COVID-19+Essential+Job

Nearest Labor office
<https://www.labor.idaho.gov/dnn/Local-Office-Directory>

Entertainment [Return to menu](#)

National Emergency Library — *Services Offered:* 4 million digital books online for free, no waiting lists
<https://archive.org/details/nationalemergencylibrary>

Fender Play — 3 months free guitar lessons
<https://try.fender.com/play/playthrough/>

Gibson — free lessons during COVID 19
<https://www.gibson.com/News/Gibson-Gives-And-Sweetwater-Offer-Memberships-To-Amped-Guitar>

Collective Thriving Circle — shared storytelling about what you are choosing to let go of during this “forced stop” and how you will hold on to those choices once we are on the other side of this pandemic.
<https://events.r20.constantcontact.com/register/eventReg?oeidk=a07eh0wu2f8eddb8e54&oseq=&c=&ch=>

Georgia Aquarium's Live Cameras! – may not always have action)
<https://www.georgiaaquarium.org/webcam/southern-sea-otter-webcam/>

<https://www.georgiaaquarium.org/webcam/beluga-whale-webcam/>

<https://www.georgiaaquarium.org/webcam/ocean-voyager/>

Houston Zoo Live Cameras! – Central time zone, between 7 AM-7 PM)
<https://www.houstonzoo.org/explore/webcams/>

San Diego Zoo Live Cameras – Pacific time zone, business hours
<https://kids.sandiegozoo.org/videos>

The Smithsonian – Top right corner, click first or second, then you can click on the dots on the map or the arrows on the floor to move through the Smithsonian!
<https://naturalhistory2.si.edu/vt3/NMNH/>

This is the Sistine Chapel in Vatican City, Rome! – you can use the +/- buttons to zoom into the arm and the arrows to move left, right, forward or back
<http://www.museivaticani.va/content/museivaticani/en/collezioni/musei/cappella-sistina/tour-virtuale.html>

British Museum – this one is a little complex, but you can do it! The list on the right are major categories, the dots are exhibits. Click on a dot, it makes music, then hit find out more, and click on the odd vertical bars! Its audio that teaches you about the images.
<https://britishmuseum.withgoogle.com/>

Women's History – here is some oral history about Rosie the Riveter era of women's history
<https://www.womenshistory.org/resources/general/rosie-riveter-oral-histories>

Eviction Moratorium [Return to section menu](#)

Idaho Supreme Court has passed a moratorium on most evictions through April 15th

Facebook Community Groups [Return to section menu](#)

Go to the "groups" tab, type COVID 19 or some version of the phrase and local support groups will appear. Many mutual aid groups have been created for delivery of food, supply trade, etc

First Responder and Healthcare Worker Childcare Resources [Return to section menu](#)

Idaho Stars

Location/Service Area: Statewide

Phone: Call the 2-1-1 Idaho CareLine by dialing 2-1-1 or 1-800-926-2588

E-mail: iswebmaster@uidaho.edu

Hours of Operation: 8:00am to 5:00pm Monday – Friday [Website](#)

Services Offered: We assist families who are searching for Childcare to find providers who are open for essential workers.

Boise Schools

Location/Service Area: Grace Jordan, Whitney, Whittier, Morley Nelson Elementary Schools
Phone: 208-854-6722 [Website](#)

Hours of Operation: 8am-5pm for select children

Services Offered: Free childcare March 17-27 for those families with workers in high demand jobs

Boys and Girls Club of Ada

Location/Service Area: Moseley Center, Meridian Club, Peregrine Club, Desert Sage Club, Kuna Club

Phone: 208-376-4960 Website Hours of Operation: 7am-6pm weekdays

Services Offered: Boys and Girls Club locations are continuing to provide childcare to serve those families who absolutely must continue working. Visit www.adaclubs.org for more information

YMCA

Contact your local YMCA as they have nationally received grant money to provide childcare for healthcare workers

First Responder and Healthcare Worker Resources [Return to section menu](#)

COVID 19 Emergency Response Fund (help support first responder families with hardship)
<https://1strcf.org/>

Mental Health (see also Health and Human Services COVID 19 Behavioral Health Resources)
<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/health-care-providers>

STARR Family Behavioral Health
208-908-6399
24/7 Zoom counseling (EAP and all major insurance)

Short term housing (see Hotels)

Health and Human Services COVID 19 Behavioral Health Resources (federal)

[Return to section menu](#)

<https://asprtracie.hhs.gov/technical-resources/115/covid-19-behavioral-health-resources/99>

- Preparations for 1st Responders & Healthcare Workers
- Caregivers for Children: Conversations about COVID 19
- Caregivers for Adults: Guidance and Recommendations
- Community Leaders: Guidance and Recommendations
- Educators: Helping Students Cope
- Self-Care for First Responders and Healthcare Workers
- Telehealth: Protocols, Ethics, and Practical Applications

Housing [Return to menu](#)

Federal Housing Authority (FHA) [Website](#)

Services Offered: HUD housing has a 60-day moratorium for FHA insured mortgages, to last through the end of April.

Federal Housing Finance Agency

Services Offered: Mortgages backed by Fannie Mae or Freddie Mac will have [suspended foreclosures and evictions for 60 days](#), to last through mid-May.

Jesse Tree of Idaho

Location/Service Area: Ada and Canyon Counties

Phone: 208-383-9486 [Website](#)

Hours of Operation: Available by phone M-F, 8-5

Services Offered: "Jesse Tree operates a Housing Crisis Line Monday through Friday 9am-5pm. A Jesse Tree volunteer can provide you with information about the eviction process, support, and connections to help you navigate your situation and identify resources and strategies you can use to stay in your housing. Clients may also be offered more intensive case management and rental assistance."

Economic Opportunity - Micro-Enterprise and Finance

Location/Service Area: Treasure Valley and Twin Falls

E-mail: tmckinley@jannus.org [Website](#)

Services Offered: We are continuing to provide services remotely. Hours of operation M-F 8:30am-5pm. Rent/housing assistance and business assistance through emergency personal loans and small business loans. Interest and payments deferred for the first 4 months for those initiating new loans.

Idaho COVID-19 Resources [Return to section menu](#)

Covid-19 Distress Line 1-888-330-3010

When you're isolated at home, feelings of anxiety, loneliness, or worry may become overwhelming. Experiencing these feelings is common during times of heightened stress. Don't be afraid to reach out, we are here to help!

Covid-19 Idaho Website —<https://coronavirus.idaho.gov/>

Recovery Centers [Return to section menu](#)

Idaho Association of Recovery Community Centers

<https://www.idahorccs.com/recovery-community-centers-of-idaho>

Refugee Needs [Return to menu](#)

Information Translation

COVID: https://www.rescue.org/announcement/covid-19-info-14-languages?edme=true&fbclid=IwAR2ZcXxumEI48U0FU_U1wX_a6ksmfFX_iQZ3MGGRp4xnGo64ZSPMQ3bfNqE

State Order: <https://www.facebook.com/IRCboise/photos/pb.1478591585726090.-2207520000../2488497158068856/?type=3&theater>

Telehealth Services [Return to section menu](#)

Please call your insurance company to determine which providers are available for telehealth services:

- Aetna 1-800- 872-3862
- Allways Health Partners 1-855-444-4647
- Anthem Blue Cross 1-866-461-3585
- Aspire Healthplan 1-855-570-1600
- AvMed 1-800-477-8768 Medicare members 1-800-782-8633
- Blue Cross of Idaho 1-800-274-4018
- Cigna 1-866-912-1687
- Humana Medicare 1-800-457-4708
- Magellan Health 1-800-788-4005
- Molina Healthcare 1-800-835-2362
- Pacific Source 1-800-688-5008
- Regence BlueCross BlueShield 1-800-253-0838
- SCAN Health Plan 1-800-559-3500
- Sharp 1-800-827-4277
- United Healthcare 1-866-414-1959

If you continue to struggle, please call your regional Health and Welfare Behavioral Health office (see page 3) for assistance in making phone calls

Therapy toolkit (online apps/videos/handouts to provide clients) [Return to section menu](#)

General Mental Health

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/mindfulness>

Healthy Habits

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/mindfulness>

Mindfulness

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/mindfulness>

Positive Emotions

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/mindfulness>

Yoga and Movement

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/mindfulness>

<https://www.youtube.com/channel/UChxVDIZyxWJXbAlqOIoh79w> (local studio)

<https://www.mindfulschools.org/>

Unemployment (see Department of Labor) [Return to section menu](#)

Volunteer Opportunities [Return to section menu](#)

Mask Making

<https://www.instructables.com/id/DIY-Cloth-Face-Mask/>

Medical Supply Donations

<https://fs9.formsite.com/uwtv/COVID-19-PPE-supplies/index.html?1585176495234=>

Voting [Return to section menu](#)

<https://idahovotes.gov/absentee-request/>

<https://idahovotes.gov/vote-early-idaho/>

Region 1 —Benewah, Bonner, Boundary, Kootenai, Shoshone

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[Behavioral Health Hospitals](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

[Hotels \(Reduced Rates\)](#)

[Pets](#)

[Shelter Updates](#)

[Testing Sites](#)

Health and Welfare Behavioral Health Offices [Return to Region 1 Menu](#)

Coeur d'Alene: 208-769-1406
Kellogg: 208-784-1352 x217
Sandpoint-Ponderay: 208-265-4532
After hours for all locations: 1-888-769-1405

Behavioral Health Hospitals [Return to Region 1 Menu](#)

Kootenai Behavioral Health
2003 Kootenai Health Way, Coeur d'Alene 208-625-4800

Crisis Centers [Return to Region 1 Menu](#)

Northern Idaho Crisis Center
2195 Ironwood Ct, Coeur d'Alene

Diapers [Return to Region 1 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

Food (foodbanks, meal assistance, schools, etc.) [Return to Region 1 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Arlo's Restaurant
North Summit Church ACTS After School Program - Nora or Enis
(208) 263-4818
Sandpoint
free meal to families in need Meals can be picked up Monday - Friday between 4-6PM at 201 N. Division Street, First come, first serve.

Come Together North Idaho - Leo Hunsaker
Sandpoint
(208) 290-8213
Grocery runs for community members; receiving donations; distributing donations, etc.

CDA Backpack Program - Sarah Bradbury
Coeur d'Alene
208-869-6547
cdabackpackprogram@canvascda.com

Cherished Ones Ministries
401 N. 2nd.
Coeur d'Alene, ID 83814
208-704-0908
Sat. 2:30 to 6:00 bagged lunch

Eureka Institute Free Meal Initiative – Sandpoint
Tues 3-6 pm Eichardt's pub and Grill; 212 Cedar St
Thurs 3-6 pm Matchwood Brewing; 513 Oak St
Fri 3-6 pm Sandpoint Curry in a Hurry; in Ponderay next to the animal shelter or free delivery with 24-hour notice in Sandpoint, Ponderay, Kootenai City limits – please call 404-565-3131

First Presbyterian Church
201 Lakeside Ave.
Coeur d'Alene, ID 83814 208-667-8446 Thursday 11:30 to 12:30 bagged lunch

Huckleberry Lanes
208-255-2695
Sandpoint
If you are hungry and need food for any reason at all message through their Facebook page.

Pack River Store - Paul
(208) 263-2409
Sandpoint
Free sack lunches EVERYDAY for Pack River Store porch pick-up!
Monday- Also a pick-up in town at The Burger Dock 11:30-1:30 or Sagle Conoco 12-1;
Friday- lunches will also be available at Arnie's Conoco in Kootenai

Grocery Store Speciality Hours [Return to Region 1 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Albertson/Safeway – all stores
Tuesday and Thursday – 7 to 9

Costco
Tuesday, Wed. Thursday - 8:00 to 9 They are allowing health care workers and first responders to the front of admission lines

Fred Meyer
Tuesday and Thursday – 7 to 9

Super One Grocery – all stores
Tuesday and Thursday – 7 to 9
They are working on the possibility of free delivery to elders

Yokes Fresh Markets – all stores
Wednesday 6 am – 9 am (pharmacy hours 7am – 9am)

Hotels (Reduced Rates) [Return to Region 1 Menu](#)

Dynamic by Hotel Inn (formerly Quality Inn)
809 N Fifth Ave, Sandpoint, ID 83864
(208) 263-2767

- \$49.99 plus tax nightly rate
- \$189 plus tax weekly rate
- \$564 plus tax monthly rate

Fairbridge Inn & Suites
476841 US-95, Ponderay, ID 83852
(208) 263-2210

- \$25 for doctors and emergency responders to be closer to the hospital for shifts
- \$25 for truck drivers day rate (less than 6 hours) to shower/get a meal
- \$45.99 per night if paying for a week in advance

Hotel Ruby
477255 US-95, Ponderay, ID 83852
(208) 263-5383

- \$55.24 per night M-F; slightly more expensive on Sat/Sun

Kootenai Valley Motel
6409 S Main St, Bonners Ferry, ID 83805
(208) 267-7567

- \$350 plus tax weekly rate

Pets [Return to Region 1 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food
<https://redrover.org/2020/03/23/coronavirus-covid19/>

Kootenai Humane Society
11650 N Ramsey Rd,
Hayden, ID 83835
(208) 772-4019

Panhandle Animal Shelter
870 Kootenai Cutoff Rd.
Ponderay, ID 83852
208-265-7297

Recovery Centers

Kootenai Recovery Community Center
1621 N 3rd Street
Coeur d'Alene, ID 83814
208-932-8005

Shelter Updates [Return to Region 1 Menu](#)

Family Promise
501 E. Wallace
Coeur d'Alene, ID 83814
208-777-4190
Business as usual

[Return to Main Menu](#)

Safe Passages Women's Shelter

208-664-9303

Telephone screening for fit in the shelter and symptom check

St. Vincent de Paul Help Center

201 E. Harrison

Coeur d'Alene, ID 83814

208-664-3095

People are allowed in the shelters; however, they must go to Heritage Outreach Clinic and be checked before they are allowed to enter.

Testing Sites [Return to Region 1 Menu](#)

Panhandle Health

8500 N. Atlas Rd

Hayden, ID 83835

208-415-5270

Callers connect to clinic and are screened, if suspicious a clinician will do a further screening and when appropriate, write order for Kootenai Medical Center

Bonner General Hospital

520 N. Third Ave.

Sandpoint, ID 83864

Reserved for very ill – others sent to Kootenai Medical Center

Shoshone Medical Center

25 Jacobs Gulch

Kellogg, ID 83837

208-784-1221

Only doing suspicious cases inpatient and approved by ER, they test in the parking lot

Boundary Community Hospital

6640 Kaniksu St

Bonnars Ferry, ID 83805

(208) 267-3141

Calls go to Panhandle and are screened, if there is an order, the person is tested in hospital parking lot

Benewah Community Hospital

229 S. Seventh Street

St. Maries, ID 83861

208-245-5551

Call in that is triaged, go car side and swab unless they need ER

Kootenai Medical Center

2003 Kootenai Health Way

Coeur d'Alene, ID 83814

208-625- 4000

Testing in tent in parking lot, must have an order, 24 hr service

Kootenai Urgent Care
700 Lincoln Way
Coeur d'Alene, ID 83814
208-667-9110
Will do screening and if appropriate write order to go to Kootenai Medical Center

Kootenai Urgent Care
566 W. Prairie Ave.
Coeur d'Alene, ID 83814
208-772-9110
Will do screening and if appropriate write order to go to Kootenai Medical Center

Northwest Urgent Care
315 W. Dalton Ave.
Coeur d'Alene, ID 83815
208-209-2060
Refers all to Panhandle Health for telephone screening and possible referral to Kootenai Medical

Kaniksu Health Services
30410 Hwy 200
Ponderay, ID 83852
Only for current patients who meet testing criteria

Kaniksu Health Services
6615 Comanche
Bonners Ferry, ID 83805
Only for current patients who meet testing criteria

Kaniksu Health Services
6509 Hwy 2, Ste 101
Priest River, ID 83856
Only for current patients who meet testing criteria

Region 2 — Clearwater, Idaho, Latah, Lewis, Nez Perce

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[Behavioral Health Hospitals](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

[Hotels \(Reduced Rates\)](#)

[Pets](#)

[Recovery Centers](#)

[Shelter Updates](#)

[Testing Sites](#)

Health and Welfare Behavioral Health Offices [Return to Region 2 Menu](#)

Grangeville: 208-983-2300
Lewiston: 208-899-4440
Moscow: 208-882-0562

Behavioral Health Hospitals [Return to Region 2 Menu](#)

St. Joseph Regional Medical Center
415 6th St, Lewiston 208-743-2511

Crisis Centers [Return to Region 2 Menu](#)

Rural Crisis Center Network
1002 Idaho St, Lewiston
1275 Riverside Ave, Orofino
531 S Main St, Moscow

Diapers [Return to Region 2 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

Food (foodbanks, meal assistance, schools, etc.) [Return to Region 2 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Idaho School Feeding Sites
<https://batchgeo.com/map/3195baf394a7f7db04ce06c69b17842f>

See the Community Resources link: <https://www.ci.moscow.id.us/181/Poverty-on-the-Palouse>.

Page 30 lists resources that are still available during COVID-19.

Blessed Hope Assembly of God
1033 Burrell Ave
Lewiston, ID P: 208-743-4874
Wed and Thursday 10a-2p

Valley Christian Center
3215 Echo Hills
Lewiston, ID Dr
P: 208-746-0401 Tuesday and Wed 10a-2p

Salvation Army Lewiston
1220 21st Street
Lewiston, ID P: 208-746-9653
Dinner M/T/W/F (5-6pm), Pantry Tuesday-Friday 1-4:30p

Episcopal Church of the Nativity
731 8th Street
Lewiston, ID
P: 208-743-9121
All ages are welcome to receive food at the food pantry every Tuesday from 8:45 – Noon.
Dinner 2nd and last Saturday 4-5:30p

Grace Lutheran 3434 6th Street
Lewiston, ID 208-791-2780
Dinner 1st, 3rd, and 5th Saturday 5-6:30p

Mobile Ministries
1700 8th Street
Lewiston, ID P: 208-743-9501
1st and 3rd Friday 5-7p

Orchards Baptist Church
1002 Bryden Ave
Lewiston, ID
P: 208-743-5302
January – October 2nd and 4th Thursday's from 4-6 pm

St. Vincent De Paul Lewiston Food Bank
3138 5th Street
Lewiston, ID P: 208-746-7860.
Call ahead for appointment 9:30-1 Monday thru Friday

Community Action Partnership Food Bank
124 New 6th Street
Lewiston, ID
P: 208-798-4210 Monday thru Friday 9am-4pm

The Idaho Food Bank Lewiston 3331 10th
Lewiston, ID Street
P: 208-746-2288

Lewiston-Clarkston Valley Meals on Wheels
415 6th Street Lewiston, ID
P: 208-799-5767

For senior citizens, shut-ins, and handicapped people" \$4 per day for full program; one hot meal and sack lunch. OR \$3 a day for hot meal only. Milk may be added for .25c. Meals are delivered by 1pm

Grocery Store Speciality Hours [Return to Region 2 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Albertsons
Tuesday and Thursday 6am-9am

Costco
Tuesdays and Thursdays 8-9am

Rosaur's
Tuesday and Thursday from 7am – 9 pm

Hotels (Reduced Rates) [Return to Region 2 Menu](#)

Inn America
\$49 if referred by recovery center
402 21st St, Lewiston
208-746-4600

Clarkston
Astor Motel (208) 553-3103
Sunset Motel (208) 553-3103
Bridge Street Inn 509-758-5566
Hacienda Lodge 509-758-5583

Downtowner
113 E North St, Grangeville, ID 83530
[Phone: \(208\) 983-1110](tel:(208)983-1110)

Lewiston
Evergreen Motel 208-746-5851
El Rancho Motel 208-743-8517
Hillary Motel 208-743-8514
Golden Oak Inn 208-743-9424

Moscow
Hillcrest Motel 208-882-7579 \$266/wk
Monarch Motel (Royal Motor Inn) 208-882-2581 \$300/wk *negotiable*

Pets [Return to Region 2 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food
<https://redrover.org/2020/03/23/coronavirus-covid19/>

Lewis Clark Animal Shelter
6 Shelter Rd
Lewiston ID 83501
208-746-1623
Call for appointment.
<http://lcshelter.org/>

Humane Society of the Palouse
2019 E White Ave
Moscow ID 83843
208-883-1166
Call for appointment.
<https://www.humanesocietyofthepalouse.org/>

Clearwater Humane Society
161 Main St
Orofino ID 83544
208-476-9823

Call for appointment

Recovery Centers [Return to Region 2 Menu](#)

Latah Recovery Center
531 Main Street
Moscow, ID 83843
208-883-1045

First Step 4 Life
703 8th Street
Lewiston, ID 83501
208-717-3881

Shelter Updates [Return to Region 2 Menu](#)

Sojourners Alliance
208-310-4554
Operates a transitional housing facility as well as a permanent housing program. Their office is closed, but you may call for housing assistance questions.
<https://www.sojournersalliance.org/>

First Step 4 Life
1002 Idaho St.
Lewiston ID 83501
(208) 717-3881
<http://firststep4life.com/>
Call to learn about sheltering options during COVID-

Testing Sites [Return to Region 2 Menu](#)

CHAS Clinic in Lewiston, ID
Think you have COVID? Text COVID to 4243544956 and you will receive a text with screening questions 24/7 RN advice line 208-848-8300.

Tri-State Hospital Clarkston, WA
COVID-19 Hotline: Call 509.769.2215, Monday - Friday from 7:00 am - 7:00 pm. Our RN's that staff the Tri-State Hotline are here to answer the community members questions or concerns regarding COVID-19. (Clarkston, WA)

SJRMC
Lewiston, ID
<https://www.sjrmc.org/news-publications/news-articles/covid-19-testing-faq/> (They aren't providing info on tests at this time, and are encouraging people to call ahead)

Gritman
Moscow, ID
We know you have questions about COVID-19 symptoms and testing, and now you can call our new COVID-19 Hotline at 208-883-4109. You can also text **COVID19** to 208-295-5080 to get a link to our online assessment and symptom checker tool. It will automatically connect your results to one of the nurses working at the Gritman COVID-19 Hotline

St. Mary's/Clearwater Valley Hospital

The North Central Health District has a hotline dedicated to assisting the public. If you have any questions about coronavirus or think you may be displaying symptoms, call 208-748-0400 or 1-866-736-6632. Please call this number before visiting a physician's office or emergency department.

Region 3 — Adams, Canyon, Gem, Owyhee, Payette, Washington

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[Behavioral Health Hospitals](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

[Hotels \(Reduced Rates\)](#)

[Pets](#)

[Recovery Centers](#)

[Shelter Updates](#)

[Testing Sites](#)

Health and Welfare Behavioral Health Offices [Return to Region 3 menu](#)

Caldwell: 208-459-0092
Nampa: 208-459-0092
Payette: 208-642-6416

Behavioral Health Hospitals [Return to Region 3 Menu](#)

West Valley Behavioral Health
1717 Arlington Ave, Caldwell
208-459-4641

Crisis Centers [Return to Region 3 Menu](#)

Western Idaho Crisis Center
524 Cleveland Blvd, Ste 160, Caldwell

Diapers [Return to Region 3 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

Food (foodbanks, meal assistance, schools, etc.) [Return to Region 3 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Idaho School Feeding Sites

<https://batchgeo.com/map/3195baf394a7f7db04ce06c69b17842f>

Canyon County
<https://selfrescuemanual.com/> pages 16-17

Grocery Store Specialty Hours [Return to Region 3 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Albertsons (All Albertson's)- Nampa, Homedale, Payette, Emmett,
208-454-1271
Hours: 7am to 10pm 7 days a week
Senior Hours: Tues and Thursday 7 am to 9am

Asian Grocery
453 Caldwell Blvd
Nampa ID 83651
208-461-5006
Hours: 930am to 8pm Monday to Thurs, Friday 8am to 8pm, Sat 9am to 8pm Sunday, 10
am to 7pm
Senior hours: No

Bi-Mart

[Return to Main Menu](#)

425 N 10TH Ave
Caldwell ID 83605
208-614-6237
Hours: Mon to Frid 9 am to 8pm Sat/Sun 9am to 6pm
Senior Hours: No

Caldwell Meats
2609 Blaine St
Caldwell ID 83605
208-455-1887
Hours: Mon to Sat 11am to 6 pm
Senior hours: No

Cliff's Country Market
217 Blaine St
Caldwell ID 83605
208-455-2460
Hours: 8 am to 7pm closed Sunday
Senior hours: No

Fred Meyer
50 2ND St S
Nampa ID 83651
208-465-2830
Hours: 7am to 10 pm
Senior hours: Mon – Thurs 7am to 800am

Greenleaf Store
21358 Main St
Greenleaf ID 83626
208-459-3248
Hours: Mon to Fri 8am to 5pm Sat/Sun closed

Grocery Outlet
4907 Cleveland Blvd
Caldwell, ID 83605
208-455-1099
Hours: 8am to 9pm 7 days a week
Senior hours: No

Logans Market
801 Main St
Marsing ID 83639
208-896-4222
Hours: 8am to 7pm 7 days a week
Senior: No

M and W
109 E Grove Ave
Parma ID 83660
208-722-6373
Hours: Mon to Sun 7am to 9pm
Senior: Mon Wed 7 am to 8am Sat 7am to 9am

Matteson's Country Store
124 5th St #5540
Wilder ID 83676
208-482-9210
Store hours: Mon to Sat 5 am to 10pm Sunday 6am to 10pm
Senior hours: No

Pantera Market
2502 E Linden
Caldwell ID 83605
208-455-1908
Hours: 8 am to 8pm 7 days a week
Senior Hours: No

Pantera Market # 2
1802 N Franklin Blvd
Nampa ID 83687
208-461-1110
Hours: Monday to Friday 9am to 7pm (Store) Sat/Sun 8am to 9am
Senior Hours: No

Ridley's
430 E Main St
Middleton ID 83644
208-585-3043
Hours: 7am to 11 pm 7 days week
Senior Hours: Mon — Wed 6am to 7am

Walmart
5108 Cleveland Blvd
Caldwell ID 83607
208-455-0066
Store Hours: 7am to 830pm
Pharmacy Hours: 8am to 7pm
Senior hours: Tuesday 6 am to 7am.

Winco
2020 Caldwell Blvd
Nampa, ID 83651
208-466-3325
Hours: 5 am to 10pm (Subject to change)
Senior Hours: Tuesday and Thursday 6 am to 7:30 am

Hotels (Reduced Rates) [Return to Region 3 Menu](#)

Budget Inn
512 E Frontage Rd
Caldwell ID 83605
208-455-0080
Reduced rate (subject to change) \$59 per day

Fairfield Inn and Suites
16150 N Merchant Way
Nampa ID 83687
208-467-5888
Reduced rate for healthcare workers \$79 per day

Holiday Inn Nampa
16245 N Merchant Way
Nampa ID 83687
208-468-0944
Discount for essential government workers or EMS staff (with valid work badge to confirm)
\$96 government worker \$85 EMS
Only until end of pandemic

Holiday Inn Express and Suites
4104 E Flamingo Ave
Nampa ID 83687
208-466-4045
Pay for one night then 50% off for up to seven nights.
1st night may be \$119

La Quinta
901 Specht Ave
Caldwell ID 83605
208-455-2222
Rates reduced to \$72 per night

Payette Motel
625 S Main St
Payette ID 83661
208-642-2203
\$60 per night. Not reduced but only motel in Payette

Sleep Inn
1315 Industrial Rd
Nampa ID 83687
208-463-6300
Healthcare, essential workers, Fire department, police officers
Daily rate \$65 single, \$70 double. Discount 26% off

Super 8
624 Northside Blvd
Nampa ID 83687
208-936-2005
People who have been displaced, due to Covid-19, get the weekly rate of \$51.36 per night

Pets [Return to Region 3 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food

<https://redrover.org/2020/03/23/coronavirus-covid19/>

West Valley Humane Society
5801 Graye Ln
Caldwell ID83607
208-455-5920
Hours: 9am to 4pm mon to Saturday
Adoption by appointment only

Pet Haven Cat Adoption Center
333 Orchard Ave
Nampa ID 83651
208-466-1298
Mon- closed. Tues to Fri 10am to 6pm Sat 12pm to 4pm Sun closed

Furever Haus
411 E Locust Ln
Nampa ID 83686
208-720-3897
Hospice for Senior pets. Available to complete pet intake by phone.

Payette Partners Rescue Ranch
5138 Blaine RD
New Plymouth ID 83655
208-697-6584 (Message number only)
Hours: 9am to 5pm

Pet Adoption League
1526 N Washington Ave
Emmett
ID 83617
208-365-1359
Pet food pantry: Called and leave a msg at office number. Or emails aalofgc@gmail.com
Adoptions appt only. Email Palofgc@gmail.com

Recovery Centers

Gem County Recovery Community Center
115 S McKinley St
Emmett, ID 83617
208-398-5151

Canyon Recovery Community Center
524 Cleveland Blvd. Ste. 230
Caldwell, ID 83605
208-800-0444

Shelter Updates [Return to Region 3 Menu](#)

Valley Women and Children's Shelter

869 W Corporate Ln

Nampa ID 83651

208-475-0725

Beds available.

If patient has been exposed to Covid will need to test. They have availability to quarantine if needed.

Lighthouse Rescue Mission

304 16th Ave

Nampa ID 83687

208-461-5030

Overnight shelter call 208-461-5030 or drop by

Meals: Breakfast 6am, Lunch 12am, dinner 630pm (open to women, children and men)

Staff member was not sure what restrictions were in place at this time but indicated they do have an area to quarantine someone if needed.

Hope's Door

Caldwell ID 83605

208-459-4779

At this time, they are full. They do have a waitlist at this time. They are doing waitlist intake over the phone Monday to Friday 9am to 5pm.

Testing Sites [Return to Region 3 Menu](#)

St. Luke's Nampa

208-381-9500

Call the St. Luke's triage hotline for screening and triage.

A member of the clinical staff will complete a risk assessment over the phone and provide guidance on next steps, which may include specimen collection for testing at a local facility.

Saltzer Health

Both Nampa locations

208-463-3000 x7

Primary Health

700 Caldwell Blvd.

Nampa, ID

208-466-6567

Call ahead for a same-day appointment and remain in the car

Region 4 — Ada, Boise, Elmore, Valley

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[Behavioral Health Hospitals](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

[Hotels \(Reduced Rates\)](#)

[Pets](#)

[Recovery Centers](#)

[Shelter Updates](#)

[Testing Sites](#)

Health- and Welfare Behavioral Health Offices [Return to Region 4 Menu](#)

Boise: 208-334-0808 x2
Mountain Home: 208-334-0808 x2

Behavioral Health Hospitals [Return to Region 4 Menu](#)

Intermountain Hospital
303 N Allumbaugh St, Boise 208-377-8400

St. Al's Behavioral Health Hospital
131 N Allumbaugh St, Boise 208-302-0900

Lifeways Hospital
8050 W Northview, Boise 208-327-0504

Cottonwood Creek Behavioral Health
2131 S Bonito Way, Meridian 208-202-4700

Crisis Centers [Return to Region 4 Menu](#)

Pathways Crisis Center
7192 Potomac Dr, Boise

Diapers [Return to Region 4 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

Food (foodbanks, meal assistance, schools, etc.) [Return to Region 4 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Ada County
<https://selfrescuemanual.com/> pages 16-18

Grocery Store Speciality Hours [Return to Region 4 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Albertsons
All Albertsons grocery locations
Special shopping hours for the most at-risk populations (i.e. elderly, expectant mothers)
7am-9am on Tuesdays and Thursdays

Boise Co-Op
Boise, Meridian
Phone: 208-472-4500
Hours of Operation: 9am-8pm daily
Shopping hour for 60+ 8am-9am daily.
Please bring ID for age verification.

[Return to Main Menu](#)

Boise Farmer's Market

The opening of the Boise Farmer's Market has been postponed, but they have compiled a list of their local vendors who are offering delivery or pickup.

Costco

Seniors and those with a physical disability Tuesday and Thursday 8am - 9am
Fast pass for 1st responders and healthcare workers

CVS Pharmacy

Free delivery of prescriptions and other essentials, video visit with health care practitioner, early prescription refills and 90 day prescription supply (on some prescriptions)

Fred Meyer

Senior shopping hour 7-8am, Monday — Thursday

Life's Kitchen

Treasure Valley
208-331-0199

Lunch: Tuesday - Friday 11am to 1pm. Curbside delivery.
Call in orders to 208-331-0199 X303.

Ridley's Family Markets

Senior shopping from 6 am-7 am daily

Rite Aid

Senior/weakened immune system shopping hours everyday from 9am-10am

Stinker Gas Stations in Albertsons' Parking Lots

Employees available to pump gas for seniors 7am-9am Tuesday and Thursday

Target

The first hour of shopping each Wednesday is reserved for vulnerable guests such as elderly and those with underlying health concerns.

Walgreens

Senior shopping 8am-9am every Tuesday, free prescription delivery to your door

Walmart

Senior hour Tuesdays from 6-7am. Vision and pharmacy also open.

Whole Foods

Guests 60+ can shop between 7am-8am

WinCo

Guests 60+ and vulnerable populations can shop 6am-7:30am Tuesdays and Thursdays

Hotels (Reduced Rates) [Return to Region 4 Menu](#)

Boise State University has opened its dorms to first responders and healthcare workers who need to isolate during the pandemic.

Holiday Inn
2970 Elder St., Boise
208-344-7444
\$59/night group rates

Hampton Inn
3270 S. Shoshone St., Boise
208-344-7444
\$59/night group rates

Holiday Express
3050 S Shoshone St., Boise
208-342-4322
\$59/night group rates

La Quinta
2613 S Vista Ave., Boise
208-338-0800
\$59/night group rates

Fairfield Inn
3300 S Shoshone St., Boise
208-331-5656
\$59/night group rates

Pets [Return to Region 4 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food
<https://redrover.org/2020/03/23/coronavirus-covid19/>

Idaho Humane Society
<https://en-gb.facebook.com/idahohumanesociety>

Recovery Centers

P.E.E.R Wellness Center
5371 Franklin Road
Boise, ID 83705
208-991-3681

Shelter Updates [Return to Region 4 Menu](#)

All shelters open with screening at check-in for temperature and other symptoms. River of Life is imposing strict rules about coming/going (only for essential tasks). See below for additional details

Safe Outdoor Spaces

All brick and mortar restrooms in the parks are closed.

Ann Morrison Park has picnic tables, 8 porta potties in operation and the water fountain near the playground is turned on.

Rhodes Park will be chained off but the porta potties will remain accessible.

Interfaith Sanctuary's Outside Campus is open 8am-8pm.

Our Path Home – OUTREACH staff are distributing homemade face masks, sandwiches and water (and reusable water bottles) in and around Cooper Ct, throughout the downtown core, and the park.

Increased Capacity to Isolate

To augment the isolation spaces available at the Boise Rescue Mission, the city is leasing a hotel for COVID-19 symptomatic/testing and/or COVID-19 positive individuals experiencing homelessness. Support services including staff and nutrition will be provided.

Mobile Testing

The Rescue Mission and Interfaith Sanctuary continue to screen guests at intake for COVID-19 symptoms.

FMRI is now staffing a mobile testing van at Interfaith Mon-Sat between 4:30pm – 7:00pm. The mobile van will make rounds at each shelter (and the hotel once that resource is in place) if anyone is symptomatic and needs to be tested.

Testing Sites [Return to Region 4 Menu](#)

Saint Alphonsus

Triage line: 208-302-2683

St. Luke's Meridian

520 S. Eagle Rd, Meridian, ID 83642,

Monday – Sunday, 10 a.m. to 6 p.m.

Drive-up tent screening and specimen collection for testing is available

Maps of screening area: [Map to view in browser](#) (jpg) | [Map to print](#) (pdf)

St. Luke's Boise

800 E. Park Blvd., Boise, ID 83712

Monday – Sunday, 10 a.m. to 6 p.m.

Drive-up tent screening and specimen collection for testing is available on the north side of St. Luke's Plaza campus building

Maps of screening area: [Map to view in browser](#) (jpg) | [Map to print](#) (pdf)

St. Luke's McCall

To make an appointment call 208-634-1776.

Monday to Friday and 9 a.m. to 3 p.m. on Saturdays and Sundays.

All patients, visitors and contractors will be greeted at their car before entering the St.

Luke's hospital and clinic parking lot from 8 a.m. to 6 p.m.,

To help manage the flow of traffic, the parking lot is to be accessed from Forest Street. The east driveway, adjacent to the hospital, will be the entrance and the west driveway, adjacent to the clinic, will be the exit. Suspected COVID-19 patients will be screened at their cars by appointment only and, if needed, have a sample collected for testing.

Primary Health

Garden City, 5601 W. Chinden Blvd., 208-809-2865

Meridian Crossroads, 3280 E. Lanark Dr., 208-895-8670

Call ahead for a same-day appointment and remain in the car.

Region 5 — Blaine, Camas, Cassia, Gooding, Jerome, Lincoln, Minidoka, Twin Falls

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[Behavioral Health Hospitals](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

[Hotels \(Reduced Rates\)](#)

[Pets](#)

[Recovery Centers](#)

[Shelter Updates](#)

[Testing Sites](#)

Health and Welfare Behavioral Health Offices [Return to Region 5 Menu](#)

Burley 208-677-5390
Twin Falls 208-736-2177

Behavioral Health Hospitals [Return to Region 5 Menu](#)

Canyon View Hospital
228 Shoup Ave, Twin Falls
208-814-7900

Crisis Centers [Return to Region 5 Menu](#)

Crisis Center of South Central Idaho
570 Shoup Ave, Twin Falls

Diapers [Return to Region 5 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

Food (foodbanks, meal assistance, schools, etc.) [Return to Region 5 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Idaho School Feeding Sites

<https://batchgeo.com/map/3195baf394a7f7db04ce06c69b17842f>

Salvation Army

348 4th Ave N. Twin Falls 208-733-8720

Bread line:

Tuesday & Wednesday 10:30am- 1pm, Thursday 10:30 am -1pm & 2pm -4pm

Food boxes for elderly and families with children:

Monday 9:30am -1pm; appointments available 2pm -4pm

Tuesday 10:30am -1pm & 2pm -4pm

Wednesday 10:30am -1pm; appointments available 2pm -4pm

Thursday 10:30am -1pm and 2pm-4pm

Blaine County Hunger Coalition

121 Honeysuckle St.

Bellevue, Idaho

208-788-0121

Martha and Mary's Food Pantry

212 3rd Ave E

Jerome, Idaho

208-404-6610

Wendell Food Pantry

335 East 1st Ave E.

Wendell, Idaho

208-536-6635

[Return to Main Menu](#)

Helping Hands Christian Outreach
1250 Miller Ave.
Burley, Idaho
208-878-9140

Lighthouse Pentecostal Church of God
500 5th St.
Filer, Idaho
208-543-4647

W.E.M.A . Emergency Food Pantry
908 Maple Street
Buhl, Idaho
208-329-2393
1st, 3rd, and 4th Tuesday 1:30 PM-4:30PM
2nd Wednesday 1:30PM-4:30PM

Mini-Cassia Area Humanitarian Center
723 F St.
Rupert, Idaho
208-261-2533

Mountain View Food Pantry
317 Mountain View Lane
Burley, Idaho
208-678-5460

Rock Creek Food Pantry
325 ½ Madison St.
Kimberly, Idaho
208-212-0787
First Tuesday of the Month 4:30PM-7:00PM
Third Tuesday of the month 4:30PM-7:00PM

South Central Community Action Partnership
550 Washington St South
Twin Falls, Idaho
208-733-9351
314 East 5th St.
Burley, Idaho
208-678-3514

Light of Hope
213 5th Ave. W.
Twin Falls, Idaho
208-735-8787
Thursdays 2PM-4PM

Mustard Seed Community Services
736 Main Ave. N.
Twin Falls, Idaho
208-733-9515
Monday- Thursday 1 PM-4 PM

Grocery Store Speciality Hours [Return to Region 5 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Albertson's
Senior hours: Tuesday & Thursday 7 a.m.-9 a.m.

Costco
Senior hours: Tuesday & Thursday 8 a.m.- 9 a.m.

Fred Meyer
Senior hours: Daily 7 a.m. to 8 a.m.

Ridley's Family Market
Senior hours: Monday & Wednesday 6 a.m. to 7 a.m.

Walmart
Senior hours: Tuesday 6 a.m. to 7 a.m.

Smith's Food
Senior hours: Monday, Wednesday, Friday 7 a.m. to 8 a.m.

Stokes Fresh Food Market Monday,
Senior hours: Wednesday, Friday 7 a.m. to 8 a.m.

Winco
Senior hours: Tuesday & Thursday 6 a.m. to 7:30 a.m.

Hotels (Reduced Rates) [Return to Region 5 Menu](#)

My Place Hotel
440 N Haven Dr.
Twin Falls, Idaho
208-733-0999

Holiday Inn Express
1554 Fillmore St.
Twin Falls, Idaho
208-732-6001

SureStay Hotel by Best Western
1260 Blue Lakes Blvd. N.
Twin Falls, Idaho
208-734-5801

Hampton Inn
1658 Fillmore St.
Twin Falls, Idaho
208-734-2233

560 Hampton Drive
Burley, ID 83318
(208) 878-7040

Quality Inn
1910 Fillmore St. N
Twin Falls, Idaho
208-734-7494

Best Western Plus Burley Inn & Convention Center
800 N Overland Ave.
Burley, Idaho
208-678-3501
Discount rate \$80

Fairfield Inn & Suites by Marriott
230 W 7th St. N.
Burley, Idaho
208-677-5000

Super 8 by Wyndham
336 S 600 W
Heyburn, Idaho
208-678-7000

Pets [Return to Region 5 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food
<https://redrover.org/2020/03/23/coronavirus-covid19/>

Fairview Veterinary Center (Buhl)
702 US-30 Buhl, Idaho 83316
Phone: 208-543-2600

City of Burley Animal Control
2020 Parke Ave, Burley, Idaho 83318

[Return to Main Menu](#)

Phone: 208-878-2258

Jerome Animal Shelter
819 N Ironwood St Jerome, Idaho 83301
Phone: 208-324-8436

Mountain Humane (Hailey)
101 Croy Creek Road, Hailey, Idaho 83333
Phone: 208-788-4351
Twin Falls Humane Society

420 Victory Ave, Twin Falls, Idaho 83301
Phone: 208-736-2299

Wendell Animal Control
210 Shoshone St. Wendell, Idaho 83355
Phone: 208-538-426

Recovery Centers [Return to Region 5 Menu](#)

Recovery in Motion
560 Shoup Ave W
Twin Fall, ID 83301
208-712-2173

Shelter Updates [Return to Region 5 Menu](#)

Shelter closed during COVID 19

Testing Sites [Return to Region 5 Menu](#)

St. Luke's Triage Hotline 208-381-9500

St. Luke's Wood River
100 Hospital Dr, Ketchum, ID 83340
Monday to Sunday, 10 a.m. to 4 p.m.
Drive-up tent screening and specimen collection at [St. Luke's Wood River hospital](#).
The Emergency Department also will remain open for urgent cases.
Find more details [here](#).

Maps of screening area: [Map to view in browser](#) (jpg) | [Map to print](#) (pdf)

St. Luke's Magic Valley
575 Pole Line Rd. W., Twin Falls, ID, 83301
Monday to Sunday, 10 a.m. to 6 p.m.
Drive-up tent screening and specimen collection for testing will be available at [St. Luke's Surgery Center at the Magic Valley](#) campus

Maps of screening area: [Map to view in browser](#) (jpg) | [Map to print](#) (pdf)

St. Luke's Jerome
Call [St. Luke's Jerome Family Medicine](#) at 208-814-9800 or the St. Luke's triage hotline at 208-381-9500 after hours.

A member of the clinical staff will complete a risk assessment over the phone and provide guidance on next steps, which may include specimen collection for testing at a local facility.

St. Luke's Surgery Center
575 Pole Line Road W. Twin Falls, Idaho
Open daily 10 a.m. to 6 p.m.

St. Luke's Fruitland
Call the St. Luke's triage hotline at 208-381-9500 for screening and triage.
A member of the clinical staff will complete a risk assessment over the phone and provide guidance on next steps, which may include specimen collection for testing at a local facility.

North Canyon Medical Center
Emergency Department
267 N. Canyon Dr. Gooding, Idaho
Testing is conducted through the emergency department 24/7

Cassia Regional Hospital
Anyone seeking testing must call Intermountain COVID Hotline at 1-844-442-5224 to participate in a phone screening. If client meets criteria, a referral order will be provided to test at the emergency department. Will not test without an order.

South Central Public Health Hotline: 208-737-1138
Spanish Hotline: 208-737-5965

Minidoka Memorial Hospital
Testing will be completed at the hospital only with a referral from a primary care provider or a referral from South Central Public Health.

Region 6 — Bannock, Bear Lake, Bingham, Caribou, Franklin, Oneida, Power

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

[Hotels \(Reduced Rates\)](#)

[Pets](#)

[Recovery Centers](#)

[Shelter Updates](#)

[Testing Sites](#)

Health and Welfare Behavioral Health Offices [Return to Region 6 Menu](#)

Blackfoot 208-785-5871
Pocatello 208-234-7900
Preston 208-234-7900

Crisis Centers [Return to Region 6 Menu](#)

SE Idaho Behavioral Health Crisis Center
1001 N 7th Ave, Ste 160

Diapers [Return to Region 6 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

Food (foodbanks, meal assistance, schools, etc.) [Return to Region 6 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Idaho School Feeding Sites

<https://batchgeo.com/map/3195baf394a7f7db04ce06c69b17842f>

God's Home of Compassion
845 Hyde Ave Pocatello, Idaho 83201
[208-236-0075](tel:208-236-0075)
Tuesday, 10am – 1pm; W & Th, 9am - 12pm Food Pantry

Pocatello First United Methodist Church
200 N 15th Ave Pocatello, Idaho 83201 [208-232-1353](tel:208-232-1353)
[Get Directions](#) Breakfast: 4th Sunday of the Month, 7:30 - 10am Free Meal Site

St. Vincent de Paul-Pocatello
855 S 2nd Ave Pocatello, Idaho 83201
[208-478-2062](tel:208-478-2062)
Wednesday, 10am – 1pm Food Pantry

My Brother's Table
248 N Arthur Pocatello, Idaho 83204
[208-237-3064](tel:208-237-3064)
Pantry and Free Meal Site: Sunday 1:30-3:00pm

Valley Mission Food Pantry
408 N Arthur Ave Pocatello, Idaho 83204
[208-232-6305](tel:208-232-6305)
Updated Hours: Thursday, 3:30 - 6pm

Gate City Christian Church
202 W Siphon Rd Chubbuck, Idaho 83202
[208-237-5002](tel:208-237-5002)
Friday, 3-6 PM Food Pantry

Bannock County Mobile Pantry - McCammon
403 W. 16th (LDS Church) McCammon, Idaho 83250

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Every 3rd Th of Month, 10:30am - 12:30pm Mobile Pantry

Caribou County Mobile Pantry - Soda Springs
40 W Center (Emergency Services Building) Soda Springs, Idaho 83276
Third Thursday of Month, 10:30 am - 12:00pm

Idaho Food Bank
Emergency food bags can be picked up daily

Grocery Store Speciality Hours [Return to Region 6 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Ridley's (Pocatello)
6-7 am Monday/Wednesday

Bi-Lo (Pocatello)
8-9 am Monday-Saturday

Winco (Pocatello)
6-7:30 am Tuesday/Thursday

Fred Meyer (Pocatello)
7-8 am Monday — Thursday

Albertson's (Pocatello)
7-9 am Tuesday/Thursday

Smiths (Pocatello)
7-8 am Monday/Wednesday/Friday

Broulins (Soda Springs)
6-7 am Monday/Wednesday/Friday

Lallatin (Soda Springs)
7-8 am Daily and Curbside delivery

Broulins (Montpelier)
6-7 am Monday/Wednesday/Friday

Stokes (Preston)
7-8 am Tuesday/Thursday

Kens (American Falls) Curbside delivery

Hotels (Reduced Rates) [Return to Region 6 Menu](#)

Clarion Hotel closed for pandemic.

All hotels have discounted rates, but none with specific COVID 19 rates.

Pets [Return to Region 6 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food
<https://redrover.org/2020/03/23/coronavirus-covid19/>

Pocatello Animal Service
3100 Avenue of the Chiefs
Hours: M-F 10-5, Sat 11-5
Phone: 208-234-6156

Recovery Centers [Return to Region 6 Menu](#)

Hope and Recovery Resource Center
210 E Center Street Suite D
Pocatello, ID 83201
208-417-1749

Shelter Updates [Return to Region 6 Menu](#)

Aide for Friends
653 South 4th
208-232-5669

This shelter is no longer taking any new admissions until restrictions from COVID-19 have been lifted.

Family Services Alliance of SE Idaho (domestic violence shelter)
355 S Arthur Ave, Pocatello
208-232-0742

Testing Sites [Return to Region 6 Menu](#)

Portneuf Medical Center (PMC)
777 Hospital Way, Pocatello, ID 83201
Phone Number: 208-239-1000

Tests are only given to those who have had other common respiratory illnesses ruled out first.

Southeast Idaho Public Health Department (SIPH)
Cases assessed based on a set of questions and then referred as appropriate to either PCP or PMC.

PCP's assess based on similar protocol as (SIPH) and then give medical advice as appropriate.

Region 7 — Bonneville, Butte, Clark, Custer, Fremont, Jefferson, Lemhi, Madison, Teton

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[Behavioral Health Hospitals](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

[Hotels \(Reduced Rates\)](#)

[Pets](#)

[Recovery Centers](#)

[Shelter Updates](#)

[Testing Sites](#)

Health and Welfare Behavioral Health Offices [Return to Region 7 Menu](#)

Idaho Falls 208-528-5700
Rexburg 208-528-5700
Salmon 208-528-5700

Behavioral Health Hospitals [Return to Region 7 Menu](#)

Portneuf Behavioral Health Inpatient
777 Hospital Way, Pocatello
208-239-2571

Crisis Centers [Return to Region 7 Menu](#)

Behavioral Health Crisis Center of East Idaho
1650 N Holmes Ave, Idaho Falls

Diapers [Return to Region 7 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

Food (foodbanks, meal assistance, schools, etc.) [Return to Region 7 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Idaho School Feeding Sites
<https://batchgeo.com/map/3195baf394a7f7db04ce06c69b17842f>

Idaho Falls Community Food Baskets
245 N Placer Ave
208-524-0994

Soup Kitchen
208-557-5750

The Salvation Army
605 N Blvd 208-522-7200

Idaho Falls Rescue Mission
840 Park Ave
208-552-5575

Mana Food Pantry
The Idaho Food Bank
211 S 45 W
208-200-3950

St Vincent De Paul
805 S Holmes St
208-522-6280

City of Refuge
840 Park Ave
208-552-5575

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Bishop's Storehouse 770 W Anderson 208-529-2201
Community Food Bank 1895 N Blvd 208-524-0994

Blackfoot Community Pantry
208-557-4289

Bishops Storehouse, Blackfoot
208-785-2020

Rexburg Family Crisis Center
208-356-0065

EICAP, Rexburg
208-356-8849

Salmon Assembly of GOD
208-756-3393

Grocery Store Speciality Hours [Return to Region 7 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Fred Meyers
Senior hours: 7am – 8am Monday – Thursday

Broulims
Senior hours: 6am – 7am Monday, Wednesday, Friday

Target
Senior hours: 8am- 9am Tuesday, Wednesday

Walmart
Senior hours: 7am- 8:30am Everyday (Ending on 4/28/2020)

Hotels (Reduced Rates) [Return to Region 7 Menu](#)

Hilton Garden Inn
700 Lindsay Blvd, Idaho Falls 83402
208-522-9500

Pets [Return to Region 7 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food
<https://redrover.org/2020/03/23/coronavirus-covid19/>

Idaho Falls Animal Shelter
2450 Hemmert Ave, Idaho Falls
208-612-8671

Snake River Animal Shelter
3000 Lindsay Blvd, Idaho Falls
208-523-4219

Bonneville Humane Society
444 N Eastern Ave, Idaho Falls
208-529-9725

Blackfoot Animal Shelter
208-785-6897

Lemhi County Humane Society, Salmon
208-756-4100

Rexburg Animal Services
208-359-3005

Recovery Centers [Return to Region 7 Menu](#)

The Center for Hope
Idaho Falls, ID 83401
208-538-1888

Shelter Updates [Return to Region 7 Menu](#)

Emergency Housing Exchange
<http://www.ifoutreach.org/ehe.aspx>

Idaho Falls Rescue Mission
840 Park Ave
208-552-5575

Haven 208-523-6413

Testing Sites [Return to Region 7 Menu](#)

Mountain View Hospital via Express Labs
2060 S Woodruff Ave
Weekdays 9:00-2:30
Drive thru testing only; must be referred by MD. Tests are free with insurance and \$225 without.